

ABSTRAK

Pertumbuhan populasi vegetarian di Indonesia mengalami peningkatan signifikan. Penelitian ini bertujuan untuk mengkaji potensi pentol vegan yang terbuat dari tepung kedelai dengan bumbu kacang sebagai jajanan alternatif bagi vegetarian. Penelitian dilaksanakan di Vihara Buddhayana Surabaya pada tanggal 28 Mei 2024. Metode penelitian menggunakan analisis deskriptif melibatkan 25 responden panelis tidak terlatih, dengan pengumpulan data melalui observasi, pengisian kuesioner, dan dokumentasi. Data dianalisis menggunakan uji organoleptik hedonik, dengan responden menilai tingkat kesukaan terhadap aspek warna, rasa, aroma, dan tekstur pentol vegan dan bumbu kacang. Hasil penelitian menunjukkan bahwa pentol vegan berbahan dasar tepung kedelai mendapat penilaian positif, dengan rata-rata tingkat kesukaan pada aspek warna pentol sebesar 3.44, rasa 3.56, aroma 3.36, dan tekstur 3.36. Sedangkan untuk bumbu kacang, nilai rata-rata adalah warna 4, rasa 4.36, aroma 4.12, dan tekstur 4.04. Hasil ini menunjukkan bahwa tingkat kesukaan pentol vegan dengan bumbu kacang mendapat penilaian yang cukup baik.

Kata Kunci: Pentol vegan, jajanan, vegetarian

ABSTRACT

The growth of the vegetarian population in Indonesia has increased significantly. This study aims to examine the potential of vegan pentol made from soybean flour with peanut seasoning as an alternative snack for vegetarians. The research was carried out at the Buddhayana Temple in Surabaya on May 28, 2024. The research method using descriptive analysis involved 25 untrained panelist respondents, with data collection through observation, questionnaire filling, and documentation. The data was analyzed using a hedonic organoleptic test, with respondents assessing the level of preference for the color, taste, aroma, and texture aspects of vegan pentol and peanut seasoning. The results showed that vegan pentol made from soybean flour received a positive assessment, with an average level of preference in the aspects of pentol color of 3.44, taste 3.56, aroma 3.36, and texture 3.36. As for peanut sauce, the average value is color 4, taste 4.36, aroma 4.12, and texture 4.04. These results show that the level of preference for vegan pentol with peanut sauce has received a fairly positive assessment so that it can potentially become an alternative snack for vegetarians.

Keywords : Pentol vegan, snack, vegetarian